

March 15, 2024

**Subject: Temporary halt to our sexual health supports at the Simcoe Muskoka Regional Cancer Program.**

Dear cancer patients, care partners and referring healthcare professionals,

Due to an unexpected absence in our patient and family support team, **we are currently unable to provide sexual health counselling and support services**. This includes our Sexual Health, Intimacy and Cancer (SHIC) clinic and our Low Down on Down There (LDDT) vaginal health group support.

**For those seeking sexual health support, here are other options:**

**University Health Network Adolescent and Young Adult (AYA) Oncology Program**

[https://www.uhn.ca/PrincessMargaret/Clinics/Adolescent\\_Young\\_Adult\\_Oncology\\_aya@uhn.ca](https://www.uhn.ca/PrincessMargaret/Clinics/Adolescent_Young_Adult_Oncology_aya@uhn.ca)

This program provides support to cancer patients between age 15 to 39. The AYA team consists of team members with experience in helping cancer patients with their sexual health, fertility and body image concerns. **Open to all cancer patients across Ontario and provides virtual counselling and support.**

**ASTO – Association of Sex Therapy in Ontario**

<https://bestco.info/bestco-member-directory>

Sex therapists are healthcare professionals who have a degree from a recognized university in a field such as social work, psychology, counselling, theology, nursing, or medicine. Certified sex therapists listed on the ASTO website has received additional specialized training in sex therapy and relationship therapy.

**Canadian Cancer Society's Cancer Information Helpline**

<https://cancer.ca/en/living-with-cancer/how-we-can-help/talk-to-an-information-specialist>  
1-888-939-3333

The Canadian Cancer Society's Information Helpline is staffed with information specialists who can help you find sexual health supports and resources that best fit your needs.

Thank you for your understanding in our temporary halt of our services. We hope to be able to resume our sexual health support services soon.

Best regards,

Hudson Regional Cancer Program (North Simcoe Muskoka)