

Before you arrive

- Label your food containers, personal luggage and medication containers
- Label your medical equipment such as canes, walkers, sharps container, oxygen units
- Arrange Home Care (CCAC), oxygen delivery and Canadian Cancer Society driver (if needed) for your stay at Rotary House
- Let your family members/friends know:
 - You will be at Rotary House, and the **phone number of Rotary House (705) 739-5662**
 - Schedule of medical appointments during your stay at Rotary House
 - Other ways they can contact you (e.g. your cell phone number)
- If an escort/caregiver is staying with you, give them:
 - A copy of this brochure
 - A copy of *Rotary House — General information* brochure.

When you arrive

Check in: Rotary House opens at 12:30 pm on Mondays.

Please check in before 4:00 pm.

Rotary House Attendants can help you with equipment set-ups, luggage and food drop off.

The Attendant will:

- Explain the ground rules of Rotary House
- Process the fees for your stay
- Give you a security badge
- Explain what to do if you need medical help

Rotary House
201 Georgian Drive
Barrie, ON
L4M 6M2
(705) 739-5662
www.rvh.on.ca/



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ROTARY HOUSE

What to Bring to Rotary House

A checklist for patients



In this pamphlet you will learn about:

- What to bring for your stay
- What to leave at home
- Things to do before and when you arrive at Rotary House



What to bring to Rotary House

- Health card and appointment card
- A schedule of all your medical appointments
- All your medications including non prescription drugs. You must use the safe in your room to keep your medications secure.
- Alarm clock (battery or wind up). You will be responsible to get up in time for your appointments.
- Personal daily care items such as:
 - Toothbrush & toothpaste
 - Face/body soap
 - Deodorant
 - Tissues
 - Feminine hygiene products
 - Razors
- Loose comfortable clothing and shoes for indoor wear
- Jacket/coat and walking shoes for outdoor wear
- Housecoat and slippers for your bedroom
- Bath towels.
- Personal care supplies (if needed) such as:
 - Dressings
 - Ostomy equipment
 - Feeding tube
 - Special food supplements
 - Bath chair
 - Sharps container
 - Oxygen units
- Any assistive devices you normally use such as:
 - walkers
 - canes
- Food for your stay, if you do not wish to purchase a meal plan. Rotary House will give you a plastic basket to store your food in the fridge/freezer.
- Personal items to help make your stay more comfortable, such as:
 - Small amount of money and change for vending machines
 - Calling card for long distance calls
 - Pictures of family and friends
 - A good book or word puzzles
 - Personal music device with headphones and batteries
 - Knitting (but not sewing projects with sharp needles)

What to leave at home

- All valuables
- Pets
- Electrical equipment such as kitchen appliances. Rotary House is equipped with kitchen appliances for your convenience.
- Scented products (such as scented body lotion and perfume)
- Alcohol (such as wine, spirits, beer)